

Life Armor Athletic Testing

Conducted at Fitness Addiction

by Richard Lopez

Overview:

Life Armor infused resin was coated upon a set of sunglasses. Two separate athletic tests were conducted: Baseline tests without Life Armor followed by a test replication as the subject wore Life Armor Resin infused glasses.

Objective:

Purpose of this study was to compare the effects of “Life Armor Resin technology” on measures of muscular strength and flexibility.

Life Armor DNA NRG Technology (Life Armor)

Life Armor technology contains *bio-identical encoded electromagnetic patterns matching human DNA in an optimum state*. Derived from music formulas (science of Cymatics) the therapeutic qualities of vibratory tones and resonance support human function. Life Armor technology benefits the body by infusing it with these therapeutic qualities via photonic transmission. Life Armor-transmitted photons entrain with the body to re-establish and enhance the body’s biofield¹. (NIH) coherency and introduce the optimized DNA electromagnetic patterns throughout the biofield. The enhanced biofield cascades its coherency into the anatomy, beneficially affecting the physiology of the body. In this study, Life Armor enhanced resin (applied to sunglasses) were applied to subjects during test period.

Protocol:

Five healthy men and women (30 - 50 yr) participated in this study. This study was designed as a baseline comparative using athletic testing protocols. It consists of two (2) separate trials (baseline & Life Armor) separated by at least 1 day between each trial. No exercise 24 hours prior to each trial was established and each subject noted their 24 hour diet prior to the baseline trial, and duplicated it during the Life Armor trial.

Each subject was measured under one or more of the following tests as a Baseline:

- **Muscle** – Maximum weight lifted in one repetition in at least three of the following tests 1) leg press 2) bench press 3) military press 4) bicep curl 5) triceps extension
- **Flexibility** – With legs unbent, measure the full extension of the fingertips from the ground as the subject bends to touch his/her toes.

Conclusion

- **Based on observations of this study, acute administration of Life Armor led to increases in muscular strength, and increases in peak power output.**
 - Mean power output was greater in the Life Armor group vs baseline.
- Acute administration of Life Armor led to increases in flexibility.
 - Mean flexibility measurements were greater in the Life Armor group vs baseline.

Subject 3 - Muscle Testing

Test Subject: #3 Age: 50 Sex: F Weight: 150 lbs Height: 5' 5"	BASELINE: MAXIMUM WEIGHT ONE REPITITION	MAXIMUM WEIGHT ONE REPITITION USING LIFE ARMOR
MUSCLE TEST	>>>>>>>>>>>>>>>>>>>	<<<<<<<<<<<<<<<<<<<
Leg Press	110 lbs	115 lbs
Triceps extension	40 lbs	60 lbs
Bench Press	65 lbs	65 lbs
Military Press	45 lbs	50 lbs

Flexibility Testing

	MAXIMUM MEASUREMENT BASELINE	MAXIMUM MEASUREMENT USING LIFE ARMOR
Extension measurement from fingertips to ground	2.5"	2.0"

Subject 4 Muscle Testing

Test Subject: #4 Age: 36 Sex: M Weight: 244 lbs Height: 5' 11"	BASELINE: MAXIMUM WEIGHT ONE REPITITION	MAXIMUM WEIGHT ONE REPITITION USING LIFE ARMOR
MUSCLE TEST	>>>>>>>>>>>>>>>>>>>	<<<<<<<<<<<<<<<<<<<
Bicep curl	135 lbs	135 lbs
Triceps extension	200 lbs	200 lbs
Bench Press	300 lbs	315 lbs
Military Press	125 lbs	135 lbs

Flexibility Testing

	MAXIMUM MEASUREMENT BASELINE	MAXIMUM MEASUREMENT USING LIFE ARMOR
Extension measurement from fingertips to ground	0 subject reached beyond his toes	0 subject reached beyond his toes

Subject 5 Muscle Testing

Test Subject: #5 Age: 47 Sex: F Weight: 135 lbs Height: 5' 6"	BASELINE: MAXIMUM WEIGHT ONE REPITITION	MAXIMUM WEIGHT ONE REPITITION USING LIFE ARMOR
MUSCLE TEST	>>>>>>>>>>>>>>>	<<<<<<<<<<<<<<<<<<<
Leg Press	140 lbs	145 lbs
Triceps extension	40 lbs	40 lbs
Bench Press	30 lbs	35 lbs
Bicep curl	40 lbs	40 lbs

	MAXIMUM MEASUREMENT BASELINE	MAXIMUM MEASUREMENT USING LIFE ARMOR
Extension measurement from fingertips to ground	1.5"	0"

	BASELINE: MAXIMUM WEIGHT ONE REPITITION	MAXIMUM WEIGHT ONE REPITITION USING LIFE ARMOR	PERCENTAGE OF INCREASE WITH LIFE ARMOR
MUSCLE TEST	>>>>>>>>>>>>>>>	<<<<<<<<<<<<<<<<<<<	>>>>>>><<<<<<<<<<
Leg Press	400 lbs 180 110 140	410 lbs 185 115 145	
TOTAL	830 lbs	855 lbs	3%
Bicep curl	80 lbs 40 135 40	90 lbs 40 135 40	8%
TOTAL	295 lbs	305 lbs	3%
Triceps extension	170 lbs 40 40 200 40	190 lbs 60 60 200 40	24%
TOTAL	490 lbs	550 lbs	12%
Bench Press	40 lbs 300 65 30	50 lbs 315 65 30	7%
TOTAL	435 lbs	460 lbs	6%
Military Press	175 lbs 30 45 125	175 lbs 40 50 135	12%
TOTAL	375 lbs	400 lbs	6%

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military press (375 ± 25 lbs, p= 6%).

- *Within the grouping of subjects with strength improvements; maximum muscular strength increase of 24%, 12%, 8% and 7%, in triceps extension, military press, bicep curl, and bench press respectively.*
- *No subject experienced loss of strength from Life Armor application.*

Summation Chart of Flexibility Testing

Baseline/Life Armor comparative	Measure of Increase/decrease
0 to 0	0
.75" to 0	+.75"
2.5" to 2"	+.5"
0 to 0	0
1.5" to 0	+1.5"

- Flexibility limitations may be due to physical blockage such as bone spurs etc. Other considerations for flexibility loss are due to incoherent biographic alignment and functioning. Life Armor substrates are designed to address the latter.
- 60% of test subjects experienced improved flexibility ranging from +.5" to 1.5" with an average improvement of .55".
- 40% of test subjects maintained full flexibility range.